

## Food Insecurity\* in Medford

	Medford	Eastern MA
Population	56,981	5,022,238
Poverty Rate	10.5%	10.9%
Unemployment Rate	4.7%	5.5%
Food Insecurity Rate	11.1%	10.4%
Food Insecure Individuals	6,320	523,870
Meals Distributed	389,600	75,336,200

**1 in 9 Medford residents struggles with food insecurity.**



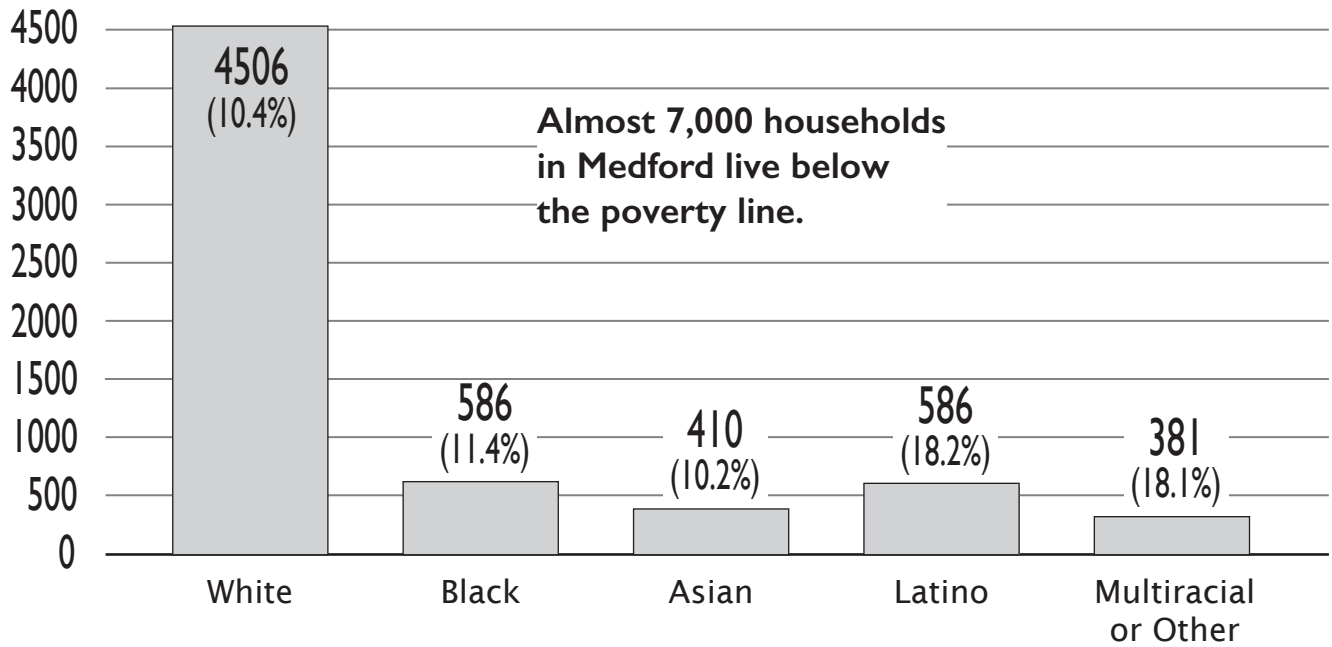
\* USDA definition of food security: People having at all times, physical, social, and economic access to sufficient, safe and nutritious food which meets their dietary needs and food preferences for an active and healthy life.

### Eligibility Rates for Free & Reduced Student Lunches

<b>HS/Voc</b>	<b>42.3%</b>
<b>Andrews</b>	<b>28.9%</b>
<b>McGlynn Elem.</b>	<b>57.7%</b>
<b>McGlynn Middle</b>	<b>59.1%</b>
<b>Roberts</b>	<b>52.5%</b>
<b>Brooks</b>	<b>22.5%</b>
<b>Columbus</b>	<b>58.7%</b>
<b>Tufts</b>	<b>58.8%</b>
<b>District average</b>	<b>45.2%</b>

- \* In 2017, 10,355 meals were served to seniors at the Senior Center. 858 people got meals from the monthly food pantry.
- \* Most of the time, the food insecure household or individual is forced to choose between food and other essentials such as rent, bills, and medication.
- \* There are about 9,442 MassHealth recipients in Medford but only 3,646 of them receive SNAP (Supplemental Nutrition Assistance Program), or food stamps. This is called the SNAP GAP, which shows the number of residents who are eligible for benefits but not receiving them.

## Number & Percent of Population in Poverty in Medford by Race/Ethnicity



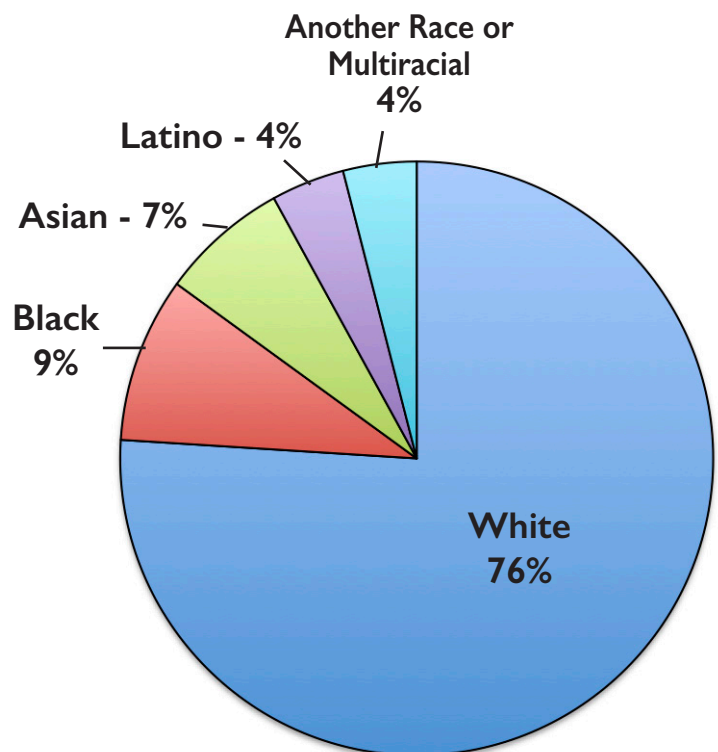
Source: Census 2010

## Total Medford Population by Race/Ethnicity

### Poverty by Race/Ethnicity in Medford & Massachusetts

Race/Ethnicity	Medford	MA
White	10.4%	9.0%
Black	11.4%	22.0%
Asian	10.2%	14.6%
Latino	18.2%	29.3%
Multiracial or Other Race	18.1%	26.8%

Source: Census 2010



Source: Census 2010

